



# Physical Education

*Children will succeed and excel in competitive sport and other physically-demanding activities. They will be physically confident in a way which supports their health and fitness. Values such as fairness and respect will be embedded into their sport.*



A **broad** and **balanced** PE curriculum that has been mapped out **sequentially**, enabling children to build on prior learning and make connections between concepts, skills and knowledge. For example, Gymnastics - in Reception children will skip, hop, stand on one leg and hold a pose, while in year 6 they will demonstrate fluent routines involving mirroring and contrasts.

Our curriculum is **inclusive**, ensuring we meet individual children's needs whilst also promoting an empathic culture. Children are taught the values of respect, teamwork, fair play and inclusion. Within lessons, assessments inform teaching staff of next steps of learning.

**Reading** is at the heart of our curriculum as we appreciate the successes that can be gained from being a fluent and avid reader. There will be some opportunities in PE, for example, in year 6 children read and navigate using a map.

Opportunities for practising and **securing basic skills** across key subject areas are embedded and it is an expectation that these skills are applied and developed.

**Oracy** is given high priority within our curriculum as it is essential for many of our children to accelerate in this area and leave our school having the necessary skills to be articulate, express themselves and have a secure knowledge and understanding of the National Curriculum expectations and beyond. In PE children are expected to communicate positively with other members of a team using the correct language.

Children will have a **wealth of opportunities** to develop skills, knowledge and understanding beyond the classroom. External experts deliver sports such as football, fencing and cheerleading. Children are also signposted to clubs outside of the school environment.

We absolutely value Personal, Social, Health and Economics as an isolated subject and also recognise the need to root PSHE within our full curriculum offer. In PE, we will consolidate Health and Wellbeing – Healthy Lifestyles and develop skills such as resilience and positive communication. We will teach children about resolutions and how to solve conflict positively. We are relentless in our drive to ensure children make the **right choices**, be resilient and proud of their achievements. It is important to us that we champion all of our children so that they can flourish, be positive, safe, happy and successful citizens of society.