

Your Health Visiting and School Nursing service is available to support you.



Are you a parent/carer who would like advice?

We can offer support about infant feeding, weaning, toilet training, sleep, behaviour, bladder & bowel, healthy eating, general wellbeing, emotional health or any other health lifestyle issues.

Are you a young person who wants to speak to a School Nurse? Or are you a professional who knows a young person who may need support?

We can support with a confidential telephone conversation around emotional wellbeing, healthy relationships including sexual health and healthy lifestyles.

Please ring us on our single point of access telephone number on:

0191 282 3319